



## Teenage parents

Benefits calculator [June 2013](#)

Freephone

**0808 802 0925**

Gingerbread Single Parent Helpline

You can claim Healthy Start vouchers once you're 10 weeks pregnant.

If you live with another adult who is responsible for you they may be able to claim child benefit and child tax credits for you.

You cannot claim any other benefits in your own right but social services are responsible for your needs.

If you'd like to talk to someone in confidence about your pregnancy you can call Brook on 0808 802 1234.