



## Teenage parents

Benefits calculator **June 2013**

Freephone

**0808 802 0925**

Gingerbread Single Parent Helpline

You may be entitled to:

- Support from social services
- Healthy Start vouchers.

Your social worker should help you work through all your options.

If you'd like to talk to someone in confidence about your pregnancy you can call Brook on 0808 802 1234.