



## Teenage parents

Benefits calculator **June 2013**

Freephone

**0808 802 0925**

Gingerbread Single Parent Helpline

You may be entitled to:

- Healthy Start vouchers.

Your parents may be entitled to:

- Income support/jobseeker's allowance/employment and support allowance
- Child tax credit
- Housing benefit
- Council tax reduction
- Sure Start maternity grant.

If you'd like to talk to someone in confidence about your pregnancy you can call Brook on 0808 802 1234.