



Teenage parents

Benefits calculator **June 2013**

Freephone

0808 802 0925

Gingerbread Single Parent Helpline

You may be entitled to:

- Healthy Start vouchers.

Your parents may be entitled to:

- Working tax credit*
- Child tax credit
- Housing benefit
- Council tax reduction
- Sure Start maternity grant.

* Working tax credit can be claimed by a couple if between them they work 24 hours a week or more, with one of them working at least 16 hours a week. If your parent is single, they can claim working tax credit if working 16 hours a week or more.

If you'd like to talk to someone in confidence about your pregnancy you can call Brook on 0808 802 1234.