



Teenage parents

Benefits calculator [June 2013](#)

Freephone

0808 802 0925

Gingerbread Single Parent Helpline

You may be entitled to:

- Healthy Start vouchers.

If you register with the Careers Service for work or training you may be entitled to:

- Jobseekers allowance if you're in 'severe hardship'
- Housing benefit.

If you are still in your child benefit extension period call the Gingerbread Single Parent Helpline on 0808 802 0925 for more advice.