



## Teenage parents

Benefits calculator **June 2013**

Freephone  
**0808 802 0925**  
Gingerbread Single Parent Helpline

You may be entitled to:

- Child benefit
- Child tax credit
- Income support/jobseeker's allowance/employment and support allowance\*
- Sure start maternity grant (you must claim this before your child is three months old)
- Healthy start vouchers
- Care to learn for help with your childcare costs if you are in full-time education or training\*\*.

\* You cannot usually claim income support/jobseeker's allowance/employment and support allowance if you are in education and live with a partner. Get advice to check your rights

\*\* You cannot get help through care to learn if the other parent could care for the child, or claiming working tax credit help with childcare costs